



Trails

Heritage walks in and around Milton Keynes



25 Mile Challenge Walk

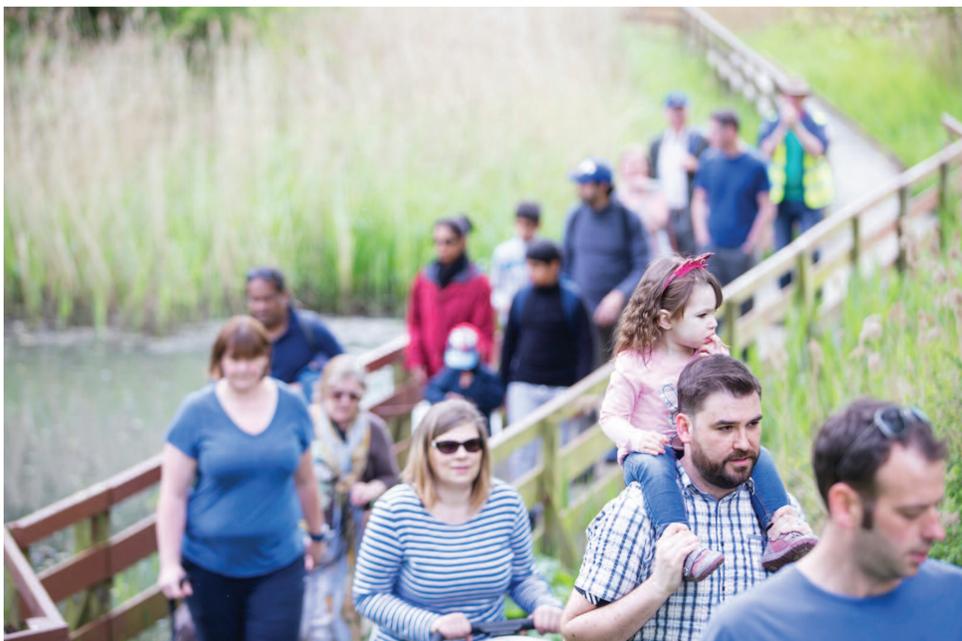
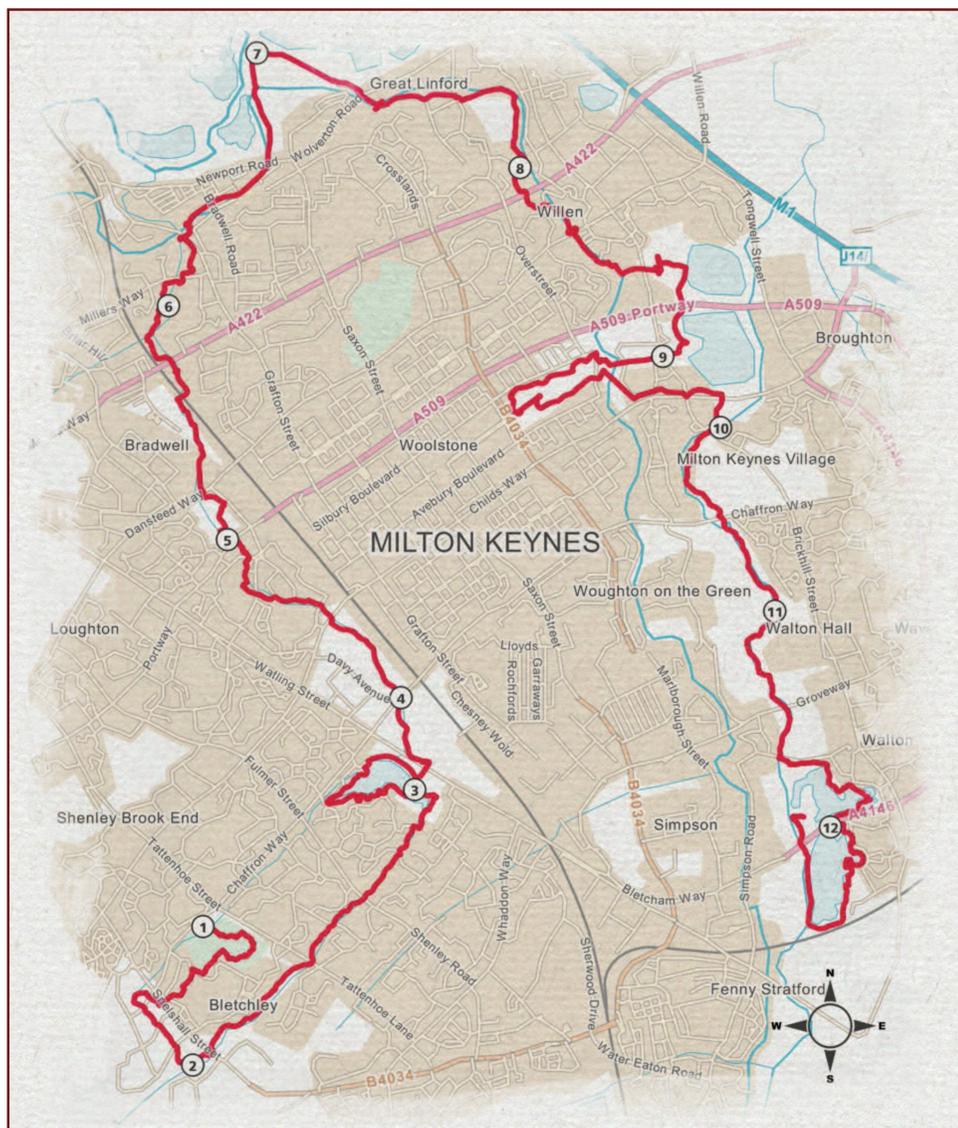
The Parks Trust is an independent charity that cares for over 5,000 acres of parkland and green space in Milton Keynes. We look after parks, woodlands, lakes, river valleys and landscaped roadside areas that represent 25% of the city.

We believe that a closer connection to the natural environment leads to more enriched and prosperous lives. Our operations and community ranger teams are passionate about maintaining a sustainable landscape that will last for many years to come and our education and events teams play vital roles in creating connections between nature and the community, from our work with schools through to our events programme ranging from led walks to World Picnic.

We are a self-financing charity and as such we are totally independent. All of our work is funded through our commercial property, our investments and various enterprises on our parkland. We are also supported by a team of over 250 dedicated and enthusiastic volunteers.

The Parks Trust was established in 1992 and to celebrate 25 years we have created a 25 mile walk that we would like to challenge you to complete in a day! However, don't feel daunted, you can split the route over several days if you'd prefer.

We hope you enjoy exploring the green space in our great city as much as we enjoy caring for it. Find out more about our work and other events and activities you can enjoy at theparkstrust.com



Route

Starting in one of our ancient woods in the south-west of Milton Keynes, we shall guide you through the Tattenhoe Valley, around Furzton Lake and north along the Loughton Brook to Lodge Lake. We will introduce you to the famous Concrete Cows (if you haven't met them already) as you make your way through the North Loughton Valley parks, to the edge of our Linford Lakes Nature Reserve.

You will then turn south, passing Linford Manor, and join the Grand Union Canal to Willen Lake and then onto Campbell Park. Following the River Ouzel through the Ouzel Valley, you will end by circling Caldecotte Lake where you may want to refuel at the pub.

Walking through our parks, you will find lots of different paths that can be used for this walk, but we have written the instructions to follow a single path to make it easier for those new to the area.

You can complete this walk at any time of the year; be careful in wetter weather and be prepared for kissing gates, cattle grids and steps in some locations. Watch out for our livestock being grazed in some of our parkland; please ensure dogs are kept on a



lead in these areas, where the route is shared with cyclists and in woodland during the nesting season. Some of the route encompasses bridleway so please do give way to the horse and rider if you meet any.

Good luck, and we would love to see photos of you completing the walk. Share with us @theparkstrust using #25milewalk.

Detailed instructions for this and many other walks can be found on The Parks Trust website: www.theparkstrust.com/sports-and-activities



These panels can be downloaded from the Discover Milton Keynes website: www.discovermiltonkeynes.co.uk or scan the QR code.

